



## Care Team: Meals Prep Team

Give practical and tasty meals to people and families who are going through crisis or grief.

### Why prepare meals?

Providing a meal to a family puts a very sweet taste in their mouths. It lets them know God loves them and the people who love God care about them. Providing a meal takes pressure off the family to prepare or buy a meal when their physical or emotional energy level is low. The meal meets a physical need but also feeds and strengthens their relational and emotional needs. They feel God's love through the food we give and the kindness we show to them.

### Your role in preparing meals

- You work together as a team. The Care Team leaders interview and assess the need of the family.
- They give you instructions about any special situations or needs.
- You call the family to arrange the delivery.
- When you deliver the meal you spend whatever time is appropriate expressing your concern and care for them and your faith in Christ.

### Expectations

- Agree to receive by e-mail or phone call notice of needs.
- Respond to the notice according to what is needed, where the family is located and when the meals are to be prepared and delivered.
- Prepare the meal and call the family to arrange for delivery.
- Deliver the meal.
- You will receive from the Care Team specific instructions on how to prepare/deliver the meal.

### Next steps . . .

- If this is a good ministry fit, you sign up for meal preparation with SRC office.
- A Care Team leader will call and review the job with you.
- You will get an e-mail notice of a need with information about where and when your meal is needed. Respond to it!
- Attend Care Team meetings 1-2 times a year. (Optional)

### Notes . . .

- SRC prepares meals for all types of people regardless of their social or economic status. It is the love and kindness that makes each meal special
- Meal preparation is easy—just make a double portion of the meal you are serving to your family that day or that week.
- The Care Team is led by Pastor Jack Crabtree, Andy Abbott, Judy Chin Bock and Marijayne Polcari.

**SRC's mission:** lead as many people as possible into a joyful & growing relationship with Jesus Christ